

IN FOCUS

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New - Cataract Surgery Guide

Approximately 25 percent of people over 65 years of age will have some cataract formation.

When cataract symptoms interfere with the performance of daily activities, or when the cataract becomes so advanced that prescription spectacles no longer help, surgery may be considered.

Adelaide Eye & Laser Centre routinely perform small incision cataract surgery that does not involve the use of injections or stitches around the eye.

Now available, the Cataract Surgery Guide has been developed to inform patients and their families about all aspects of this highly specialised surgery.

Easy to read in larger print, the guide is free and available by simply [contacting us](#).



Cataract Surgery Guide
[order now](#)

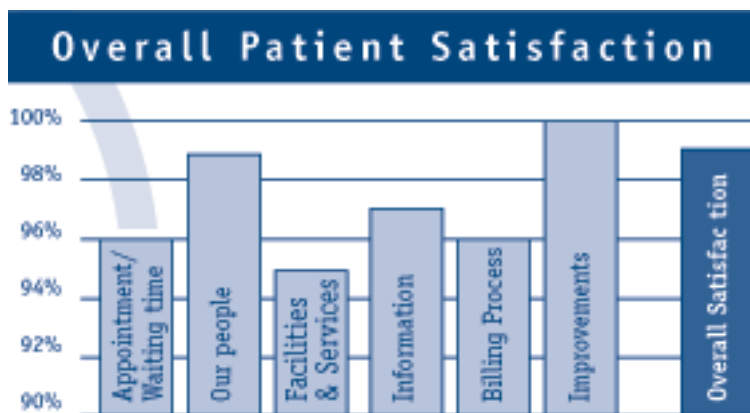
Benchmarking

Adelaide Eye & Laser Centre has been involved in a benchmarking program with QPS (Quality Performance Systems) since 2002 in order to achieve continuous improvements in a number of key areas.

In essence, it enables the sharing and comparison of systems and processes from a number of different organisations around the country in a structured way so that Adelaide Eye & Laser Centre's performance and skills can be identified.

Adelaide Eye & Laser Centre aim for best practice that will lead to ongoing superior performance. The centre's results in the benchmarking program have exceeded all expectations.

As the graph shows, patient satisfaction is very high (99% in this study) and the average waiting time for appointments experienced by patients in this study was less than 7 minutes.



Thank you to everyone who has returned the questionnaire posted to them after surgery. All feedback is greatly appreciated as it helps Adelaide Eye & Laser Centre to continue to improve and remain at the forefront of cataract and refractive surgery.

Who is having LASER VISION CORRECTION and why?



People seek laser vision correction for a wide variety of reasons. These reasons are as varied as the individuals themselves.

Men and women from

- all over Australia and the world
- all ages (from 21 years and upwards)
- all occupations (athletes, parents, police officers, doctors, tradespeople and many, many more)

All come to Adelaide Eye & Laser Centre and ask to be assessed to see if they are suitable for laser vision correction.

Despite this variety, the key element of the reasons people give for seeking laser vision correction remains the same:- the desire to be **more optically independent** of visual aids.

Whether it is that **glasses** are

- too heavy,
- too expensive,
- uncomfortable,
- unfashionable
- impractical

Or people can't wear **contact lenses** successfully because of

- allergies
- prescription restrictions
- contact lens intolerance
- difficulty inserting, removing and cleaning contact lenses

Or simply due to the **inconvenience** of glasses and contact lens wear,

- at work,
- with children
- for sporting activities

It all comes down to one simple factor.

People seek laser vision correction because they want **more freedom** from conventional visual aids such as glasses and contact lenses.

The choice for laser vision correction is a lifestyle decision. Whatever the reason to undergo refractive surgery, it may open up a whole new world for you.

Dr Ingham has now performed well over **5,000** cases of laser vision correction since he initiated its launch in South Australia over 11 years ago. Worldwide, it is predicted over **2,500,000** people will have laser vision correction this year alone.

New Interactive Tour

Want to find out more about laser vision correction and cataract surgery...

Adelaide Eye & Laser Centre have recently developed an interactive tour for patients,

friends and families to explore during their visit to the centre. The tour is an informative guide to everything you need to know about Cataract Surgery and Refractive Surgery as well as how to apply eye drops, and interactive quizzes to test your "eye knowledge".

The tour is easy to use due to touch screen technology and is located in the information area at reception for all to access. The tour is also used as a forum for people to pass on their opinions to Adelaide Eye & Laser Centre staff and to read comments made by others.

Please feel free to visit AE&LC at 215 Greenhill Rd, Eastwood to explore for yourself.